

Gippsland Barrel Racing Club

COVID-19 Safety Operation Plan

6-1- 2020

Government Directions for Sport – as at November 2020

The Victorian Government have provided directions and limitations for sporting clubs to help reduce the risk of transmission of COVID-19. In light of this, we have developed our **COVID Safety Operating Plan (CSOP)** for all GBRC members and associates. A COVID Safe Co-ordinator will be appointed at each show to ensure the Government rules and the guidelines outlined within this document are being adhered to.

CSOP Guidelines

In this guide:

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Health and Wellbeing

- Stay home if you are unwell sick – do not come to any shows.
- If you feel unwell whilst you at a show – go home immediately.
- Covid-19 symptoms
 - Fever (38 degrees or above),
 - flu-like symptoms such as coughing, sore throat and fatigue,
 - shortness of breath.
- If you experience these symptoms, remain at home and immediately contact a healthcare provider or the Coronavirus Information Helpline 13 268 43 (13 COVID). They will advise if you need to attend a Covid-19 testing clinic.
- In any above case, you must advise Michelle Peters

Show Entries:

- When completing entries online, you will be asked to provide the Names, Address & Contact Numbers of those attending shows with you.

Show Attendance:

- Only those required to be at each show can attend. This includes the following people:
 - GBRC Officials (Judge, Scorer, Event Co-ordinator, COVID Safe Co-ordinator and stewards)
 - Competitors
 - Supervisors of children
 - Support persons for people with additional needs

Personal and Show Hygiene

- Hand sanitisers will be available at each show and will be placed in a visible spot outside the GBRC Office
- If you need to enter the office for any reason or need to touch any GBRC equipment, please sanitise your hands before doing so.
- Wash your hands for at least 20 seconds using soap & water or hand sanitiser containing at least 60% alcohol.
- Toilets at facilities will be open for use. We will provide information to members prior to each show on the rules of that facility in relation to minimising the spread of COVID-19
- Cover your mouth and nose when you cough or sneeze. Use a flexed elbow or a tissue; if you use a tissue, dispose of it immediately and appropriately.
- Disinfectant wipes/spray will also be available to clean any equipment as necessary.
- Clean and disinfect high touch surfaces regularly
 - All Equipment will be cleaned after raceday – we ask for competitors' cooperation in cleaning the equipment prior to being placed back in the trailer.
- We will purchase the necessary supplies to help limit infection, for example alcohol sanitisers, wipes & gloves.
- The equipment will be disinfected at the end of each show during the pack up process

Physical Distancing

- In an enclosed area there should be on average no more than one person per four square metres of floor space.
- People will not be able to enter the GBRC Office under any circumstances
- Plan ways to enable physical distancing of at least 1.5 metres to reduce person-to-person contact competitors & affiliates.
- Don't make unnecessary physical contact with others; avoid physical greetings and refrain from shaking hands. We understand some horses require assistance at the start. If you do need help, this should be from a person within your household to limit contact with others. Please ensure this is pre-organised before the commencement of your event.

Face Coverings

- Face covering are no longer required outdoors following the Victorian Governments update on 22nd November 2020. However, they should be carried by riders, officials & any other attendees and must be used where a 1.5m physical distance cannot be maintained.
- Spectators, riders and/or officials exempt from wearing a face covering due to health reasons must provide a medical certificate or relevant documentation to the Event **Coordinator** prior to the commencement of the show. This will be listed online for each event on the GBRC FB Page.

Covid-19 Outbreak Plan

If we become aware that someone with a case of COVID-19 has been at any of our events, or they have been in close contact with someone that has the virus (external to the club) members must notify Michelle Peters immediately and follow these steps:

- Self-isolate immediately
- Contact the COVID-19 Public Hotline 24/7 on 1800 020 080 and follow the advice of health officials;
- If you are advised to be tested, you must continue to self-isolate until your results are returned OR if you do not meet the testing criteria, stay home until all symptoms subside.
- Please keep Michelle informed of the outcome to ensure we can do any required back tracing and contact anyone else who may have been exposed. We will seek the advice of health officials on what our requirements are at this time as well.

Confirmed Case (positive test)

- If any member tests positive for Covid-19 they are to advise the Michelle immediately.
- We will then contact the COVID-19 Public Hotline 24/7 on 1800 020 080 and seek the advice of health officials as well as contact anyone else who may be affected.
- Any members having been inContact with the confirmed case will also be required to self-isolate for 14 days or as directed by your healthcare professional.
- Any entries for shows paid in advance will be refunded in full.

Negative Test

If your test results are returned and you have not contracted Covid-19, you are not required to self-isolate any longer. However, do not return to any events until all symptoms subside.