



# COVID-19 SAFETY PLAN

## AUSTRALIAN BARREL HORSE ASSOCIATION

<b>South Australian Barrel Horse Association</b>	
<b>Marrabel Rodeo Grounds</b>	
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<b>Version</b>	
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# Template Instructions

1. The Australian Institute of Sport (**AIS**) has published a “Framework for Rebooting Sport in a COVID-19 Environment” to inform the resumption of sporting activity in Australia, including community sport. Sport Australia has separately developed a “Return to Sport Checklist for Clubs and Associations” that provides operational guidance to local sporting clubs and associations on considerations that should be taken into account to appropriately resume sport and club operations.
2. To support the AIS and Sport Australia return to sport documents, Sport Australia has developed this COVID-19 Safety Plan template. This template can be used by associations and clubs to consolidate their planning for the resumption of activities at its club. Your association/club should review the Sport Australia Checklist and document its operational requirements for return to sport in the Appendix to this COVID-19 Safety Plan.
3. Yellow highlighting within brackets i.e. [ ] indicates further information is required from an association/club prior to finalising and adopting the COVID-19 Safety Plan. Before finalising, insert relevant information where highlighted in yellow and delete these template instructions.
4. Your association/club’s COVID-19 Safety Plan should be appropriately ratified within your club’s governance arrangements and regularly reviewed to ensure it remains fit for purpose and aligned with the AIS Framework, government restricted activity measures, public health advice and health and safety laws.
5. **DISCLAIMER:** This template does not constitute legal or health and safety advice. A club should take its own professional advice regarding the development and contents of its COVID-19 Safety Plan.

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# 1. Introduction

The purpose of this COVID-19 Safety Plan (**Plan**) is to provide an overarching plan for the implementation and management of procedures by the Australian Barrel Horse Association to support its **ABHA Affiliates** and its members and participants in the staged resumption of community sport and club activities.

The arrangements set out in this Plan are intended to prevent the transmission of COVID-19 among members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community. The Plan provides the framework to govern the general operation of the **ABHA Affiliates** any facilities it controls, the playing/training behaviour of all members and participants and the monitoring and reporting of the health of attendees at **ABHA Affiliates** facilities.

This Plan includes, but is not limited to, the conduct of:

- a. staged training and competition activities (sport operations); and
- b. facility management and supporting operations (facility operations).

At all times the Plan is subject to all regulations, guidelines and directions of government and public health authorities.

## 2. Key Principles

This Plan is based on, and accepts, the AIS [Framework for Rebooting Sport in a COVID-19 Environment](#) (**AIS Framework**) and the [National Principles for the Resumption of Sport and Recreation Activities](#) (**National Principles**).

The Plan also accepts as key principles that:

- The health and safety of members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community is the number one priority;
- Members, participants, coaches, officials, administrators/volunteers, families and the broader community need to be engaged and briefed on **ABHA Affiliates** return to sport plans;
- Facilities are assessed and appropriate plans are developed to accommodate upgraded hygiene protocols, physical distancing and other measures to mitigate the risk of transmission of COVID-19;
- Training cannot resume until the arrangements for sport operations and facility operations are finalised and approved, if necessary; and
- At every stage of the return to sport process **ABHA Affiliates** must consider and apply all applicable State and Territory Government and local restrictions and regulations. **ABHA Affiliates** needs to be prepared for any localised outbreak at our facilities, within our competitions or in the local community.

### 3. Responsibilities under this Plan

**SA Barrel Horse Association** retains the overall responsibility for the effective management and implementation of the return to sport activities and operations outlined in this Plan.

The **Committee** of **SA Barrel Horse Association** is responsible for:

- Approving the Plan and overseeing the implementation of the arrangements in the Plan; and
- Revising the Plan as required, ensuring it reflects up to date information from government and public health officials.

The **Committee** has appointed the following person as the **SA Barrel Horse Association** COVID-19 Safety Coordinator to execute the delivery of the Plan and to act as a point of contact for information relating to this Plan:

<b>Name</b>	<b>Neessa Mueller</b>
<b>Contact Email</b>	<b>secretary@sabarrelhorseassociation.com</b>
<b>Contact Number</b>	<b>0487 191 499</b>

**SA Barrel Horse Association** expects all members, participants, coaches, officials, administrative staff and volunteers to:

- Comply with the health directions of government and public health authorities as issued from time to time;
- Understand and act in accordance with this Plan as amended from time to time;
- Comply with any testing and precautionary measures implemented by **SA Barrel Horse Association**
- Act with honesty and integrity in regard to the state of their personal health and any potential symptoms; and
- Monitor their health and take a cautious approach to self-isolation and reporting of potential symptoms.

### 4. Return to Sport Arrangements

**[As at the date of this Plan, participants are training at Level A of the AIS Framework.]** The Plan outlines specific sport requirements that **SA Barrel Horse Association** will implement for Level B and Level C of the AIS Framework.

**SA Barrel Horse Association** will transition to the training activity and facility use as outlined in Level B of the AIS Framework and the training/competition activities and facility use outlined in Level C of the AIS Framework when permitted under local restrictions and regulations.

#### 4.1 AIS Framework Arrangements

The protocols for conducting sport operations and facility operations under Level B and Level C of the AIS Framework are set out in the Appendix.

## 4.2 Roadmap to a COVIDSafe Australia

SA Barrel Horse Association will also comply with the Australian government's [Roadmap to a COVIDSafe Australia](#), which places limits on the type of activity that can be conducted and the number of people who can gather at facilities, notwithstanding the activities permitted by the AIS Framework (see below).

<b>AIS Activities</b>	<b>Level A:</b> Training in no more than pairs. Physical distancing required.	<b>Level B:</b> Indoor/outdoor activity. Training in small groups up to 10. Physical distancing required.		<b>Level C:</b> Full sporting activity (training and competition) allowed. No restriction on numbers. Contact allowed.	
<b>Roadmap Activities</b>	N/A	<b>Step 1:</b> No indoor activity. Outdoor sport (up to 10 people) consistent with AIS Framework.	<b>Step 2:</b> Indoor/outdoor sport up to 20 people. Physical distancing (density 4m <sup>2</sup> ).	<b>Step 3:</b> Venues allowed to operate with up to 100 people with physical distancing. Community sport expansion to be considered consistent with AIS Framework.	<b>Further steps TBC</b>

## 5. Recovery

When public health officials determine that the outbreak has ended in the local community, SA Barrel Horse Association will consult with relevant authorities to identify criteria for scaling back its COVID-19 prevention actions. SA Barrel Horse Association will also consider which protocols can remain to optimise good public and participant health.

At this time the Committee of SA Barrel Horse Association will consult with key stakeholders to review the delivery of its return to sport arrangements and use feedback to improve organisational plans and systems.

# Appendix: Outline of Return to Sport Arrangements

## Part 1 – Sport Operations

Area	Plan Requirements (for activities under AIS Framework Level B)	Plan Requirements (for activities under AIS Framework Level C)
<b>Approvals</b>	<p>The club must obtain the following approvals to allow a return to training at Level B:</p> <ul style="list-style-type: none"> <li>• State/Territory Government approval of the resumption of community sport.</li> <li>• Relaxation of public gathering restrictions to enable training to occur.</li> <li>• Local government/venue owner approval to training at venue, if required.</li> <li>• National/state sporting body/local association approval of return to training for community sport.</li> <li>• Club committee has approved return to training for club.</li> <li>• Insurance arrangements confirmed to cover training.</li> </ul>	<p>The club must obtain the following approvals to allow a return to training/competition at Level C:</p> <ul style="list-style-type: none"> <li>• Relaxation of public gathering restrictions to enable training to occur.</li> <li>• Local government/venue owner approval to training/competition at venue, if required.</li> <li>• National/state sporting body/local association approval to return to training/competition for community sport.</li> <li>• Club committee has approved return to competition for club.</li> <li>• Insurance arrangements confirmed to cover competition.</li> </ul>
<b>Training Processes</b>	<ul style="list-style-type: none"> <li>• Provide training on COVID- 19 infection control to committee and volunteers responsible for conducting the events.</li> <li>• Government resources should be prominently displayed around the facilities and at entry points, including hand washing and personal infection control advice.</li> <li>• All that are attending, compete in their events and then are encouraged to leave the grounds. This reduces social gatherings.</li> <li>• No sales of food or products will be available during this time. Social distancing to be implemented. Large gatherings between events is discouraged. Only those that are intending to compete to be present on the grounds.</li> <li>• Social distancing to be implemented, 1 person per 4 square metres. No physical interaction were not needed, no handshaking or hugging.</li> </ul>	<ul style="list-style-type: none"> <li>• Provide a specific timetable for each event to help limit the number of people to be gathered in the warm up area and at the grounds.</li> <li>• Consider staggering arrival and departure times of competitors/spectators</li> <li>• Sanitising requirements continue from Level B.</li> <li>• Treatment of shared equipment continues from Level B.</li> <li>• Personal hygiene encouraged (e.g. wash hands prior to riding, no spitting or coughing).</li> <li>• Attendance register to be continued of all persons at the event.</li> <li>• Continue to encourage that only immediate support persons are present for the event until state legislations ease again.</li> </ul>

	<ul style="list-style-type: none"> <li>• Large gatherings between events is discouraged. Only those that are intending to compete to be present on the grounds.</li> <li>• Sanitiser will be available for use throughout the grounds. Located in the bathrooms, at the gate and in the warm up area.</li> <li>• Sharing equipment and tack is discouraged. Where shared the equipment will be sanitised between personnel and after use.</li> <li>• No sharing of personal equipment.</li> <li>• Personal hygiene encouraged (e.g. wash hands prior to training, no spitting or coughing).</li> <li>• Attendance register implemented to show all persons on the grounds of the event.</li> </ul>	<ul style="list-style-type: none"> <li>• Provide limited canteen facilities; disinfecting between sales, wearing appropriate gloves for safe food handling, look into no touch payment methods. Only offering pre-packaged foods to limit manual handling</li> <li>• Continue to discourage sharing of tack/equipment, where necessary disinfect if possible.</li> </ul>
<b>Personal health</b>	<ul style="list-style-type: none"> <li>• If anyone has been sick, unwell or travelled interstate in the last 14 days will be highly encouraged to not attend the event.</li> <li>• If anyone has been direct contact with someone who has tested positive to COVID – 19 in the last 14 days will be discouraged from coming to the event.</li> <li>• Anyone showing signs of cold and flu or COVID will not be allowed into the event grounds.</li> <li>• Any high risk from a health perspective, including elderly and those with pre-existing medical health conditions are discourage to attend.</li> <li>• Washing of hands prior to, during and after training and use of hand sanitiser where available.</li> <li>• Avoid physical greetings (i.e. hand shaking, high fives etc.).</li> <li>• Avoid coughing, clearing nose, spitting etc.</li> <li>• Develop protocols for the management of; <ul style="list-style-type: none"> <li>- Illness in competitors and other participants</li> <li>- Individuals who have any symptoms of COVID – 19</li> <li>- Individuals returning to sport after COVID- 19 infection</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• If anyone has been sick, unwell or travelled interstate in the last 14 days will be highly encouraged to not attend the event.</li> <li>• If anyone has been direct contact with someone who has tested positive to COVID – 19 in the last 14 days will be discouraged from coming to the event.</li> <li>• Anyone showing signs of cold and flu or COVID will not be allowed into the event grounds.</li> <li>• Discourage any one that has been sick and unwell in the last 14 days to compete.</li> <li>• Discourage anyone that has signs of cold and flu from entering the grounds.</li> <li>• Continue to encourage everyone to practice good hand hygiene.</li> <li>• Continue to limit physical contact where not needed</li> <li>• Avoid coughing, clearing nose, spitting etc.</li> <li>• Continue to develop protocols that will help the club, member's etc. stay safe and aware.</li> </ul>
<b>Hygiene</b>	<ul style="list-style-type: none"> <li>• Any safe hygiene protocols distributed by national/state sporting body or local association will be adopted by club.</li> </ul>	<ul style="list-style-type: none"> <li>• Continue to follow any safe hygiene protocols distributed by our current state.</li> </ul>

	<ul style="list-style-type: none"> <li>Guidelines for sanitisation and cleaning, including requirements for sanitisation stations.</li> <li>Disinfecting of all surfaces, where possible.</li> <li>Providing sanitiser dispensers in prominent areas around the facilities.</li> </ul>	<ul style="list-style-type: none"> <li>Provide adequate sanitisation stations around the grounds. Regular cleaning with disinfectant of amenities throughout the time of the event.</li> <li>Disinfecting of all surfaces, where possible and per manufactures instructions.</li> </ul>
<b>Communications</b>	<ul style="list-style-type: none"> <li>SA Barrel Horse Association will publicise on facebook, email, website and text/phone calls on return to event protocol and the required steps to keep all safe and reinforcement of hand washing and general hygiene etiquette.</li> <li>Endorsement of government COVIDSafe app and encouragement to all members to download.</li> <li>COVID safe posters will be displayed around the grounds and shared on social media.</li> </ul>	<ul style="list-style-type: none"> <li>SA Barrel Horse Association will publicise on facebook, email, website and text/phone calls on return to event protocol and the required steps to keep all safe and reinforcement of hand washing and general hygiene etiquette.</li> <li>Endorsement of government COVIDSafe app and encouragement to all members to download.</li> <li>COVID safe posters will be displayed around the grounds and shared on social media.</li> </ul>

## Part 2 – Facility Operations

Area	Plan Requirements (for activities under AIS Framework Level B)	Plan Requirements (for activities under AIS Framework Level C)
<b>Approvals</b>	<p>The club must obtain the following approvals to allow use of club facilities at Level B:</p> <ul style="list-style-type: none"> <li>State/Territory Government approval of the resumption of facility operations.</li> <li>Local government/venue owner approval to use of facility, if required.</li> <li>Club committee has approved plan for use of club facilities.</li> <li>Insurance arrangements confirmed to cover facility usage.</li> </ul>	<p>The club must obtain the following approvals to allow use of club facilities at Level C:</p> <ul style="list-style-type: none"> <li>State/Territory Government approval of the resumption of facility operations.</li> <li>Local government has given approval to use of facility, if required.</li> <li>Club committee has approved plan for use of club facilities.</li> <li>Insurance arrangements confirmed to cover facility usage.</li> </ul>

<b>Facilities</b>	<ul style="list-style-type: none"> <li>• Ensure seasonal availability of venues and resolves any potential overlap between summer and winter sport venue tenants.</li> <li>• Parts of facilities that are available during Level B restrictions; limit to toilets and medical facilities and minimise use of communal facilities.</li> <li>• Hygiene and cleaning protocols.</li> <li>• Provision of appropriate health and safety equipment, Personal Protective Equipment (PPE) and personal hygiene cleaning solutions</li> <li>• Splitting facilities up to prevent gatherings</li> </ul>	<ul style="list-style-type: none"> <li>• Determine social distancing protocols to be used within shared facility spaces. (e.g: bathrooms, canteen)</li> <li>• Clearly demonstrate protocols with the use of floor marking and the maximum bodies within an enclosed space.</li> <li>• Implement a low(er) risk menu options for canteen.</li> <li>• Hygiene and cleaning protocols measures as per Level B.</li> <li>• Provision of appropriate health and safety equipment, Personal Protective Equipment (PPE) and personal hygiene cleaning solutions as per Level B.</li> <li>• Canteen operations to include food and cash handling protocols, hygiene and cleaning measures and established zones.</li> </ul>
<b>Facility access</b>	<ul style="list-style-type: none"> <li>• All persons will be asked specific questions on their recent where about within the last 14 days, any person that may be a risk will be encouraged not to enter premises.</li> <li>• Restrictions on facility access to limit anyone who has: <ul style="list-style-type: none"> <li>– COVID-19 or has been in direct contact with a known case of COVID-19 in the previous 14 days.</li> <li>– Flu-like symptoms or who is a high health risk (e.g. due to age or pre-existing health conditions).</li> <li>– Travelled internationally in the previous 14 days.</li> </ul> </li> <li>• Only essential participants should attend to minimise numbers; not more than one parent/carer to attend with children; gathering numbers should not exceed government allowances (COVIDSafe Roadmap maximum gatherings: Step 1 (10 people), Step 2 (20 people), Step 3 (100 people))</li> <li>• Any spectators should observe physical distancing requirements (&gt;1.5 metres).</li> <li>• Detailed attendance register to be kept.</li> </ul>	<ul style="list-style-type: none"> <li>• Continue Level B protocols as appropriate.</li> <li>• Gathering numbers should not exceed government allowances (COVIDSafe Roadmap maximum gatherings: Step 1 (10 people), Step 2 (20 people), Step 3 (100 people)).</li> <li>• Any spectators should observe physical distancing requirements (&gt;1.5 metres) and density requirements (one person per 4 square metres).</li> <li>• Managed access including separate entry/exit points, managed traffic flows, stagger arrival/departure times.</li> <li>• Physical distancing protocols including use of zones in bathrooms, change rooms, bar/canteen including by use of physical zone indicators.</li> <li>• Bar/canteen operations to include food and cash handling protocols, hygiene and cleaning measures and established zones.</li> <li>• General advice on physical distancing in club facilities including discouraging face to face meetings where possible, restricting site visitors, deferring or splitting up large meetings.</li> <li>• Detailed attendance register to be kept</li> </ul>

<p><b>Hygiene</b></p>	<ul style="list-style-type: none"> <li>• Encourage competitors and members to carry their own hand sanitiser and use regularly.</li> <li>• Providing adequate number of bins and encouraged used tissues to be disposed of into the bin straight away.</li> <li>• No touching of eye, nose or mouth.</li> <li>• No spitting or clearing nasal/respiratory secretions on grounds.</li> <li>• Any safe hygiene protocols distributed by national/state sporting body or local association that will be adopted by club including:             <ul style="list-style-type: none"> <li>– Availability of hand sanitiser at entry/exit points to venue and elsewhere.</li> <li>– Protocols for sanitising stations, sanitising shared equipment, uniforms.</li> <li>– Cleaning standards – increase regular cleans and frequent wiping of high touch surfaces.</li> <li>– Displaying posters outlining relevant personal hygiene guidance.</li> <li>– Avoiding shared use of equipment.</li> <li>– Provide suitable rubbish bins with regular waste disposal.</li> <li>– Sanitising and cleaning of Club facilities before, between and after events</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Encourage competitors and members to carry their own hand sanitiser and use regularly.</li> <li>• Providing adequate number of bins and encouraged used tissues to be disposed of into the bin straight away.</li> <li>• No touching of eye, nose or mouth.</li> <li>• No spitting or clearing nasal/respiratory secretions on grounds.</li> <li>• Any safe hygiene protocols distributed by national/state sporting body or local association that will be adopted by club including:             <ul style="list-style-type: none"> <li>– Availability of hand sanitiser at entry/exit points to venue and elsewhere.</li> <li>– Protocols for sanitising stations, sanitising shared equipment, uniforms.</li> <li>– Cleaning standards – increase regular cleans and frequent wiping of high touch surfaces.</li> <li>– Displaying posters outlining relevant personal hygiene guidance.</li> <li>– Avoiding shared use of equipment.</li> <li>– Provide suitable rubbish bins with regular waste disposal.</li> <li>– Sanitising and cleaning of Club facilities before, between and after events</li> </ul> </li> </ul>
<p><b>Management of unwell participants</b></p>	<ul style="list-style-type: none"> <li>• Isolation/medical requirements for members, competitors, committee, volunteers and their families at the onset of any symptoms.</li> <li>• All isolation/medical cases will be removed from public areas and isolated in an area until medical attention can be sourced. This area will be clearly marked for anyone feeling unwell to move to this area.</li> <li>• Masks will be impicated to prevent any spread.</li> <li>• If a person is to become unwell, a local medical centre will be contacted to follow the state protocols of a positive COVID 19 case.</li> <li>• Only one person will be able to come in contact with an isolated case at an event. That person will be someone that is not high risk.</li> </ul>	<ul style="list-style-type: none"> <li>• Measures as per Level B</li> </ul>

	<ul style="list-style-type: none"> <li>• Training of volunteers/club management on treatment of symptomatic participants and disinfecting of facilities used by such participants.</li> <li>• Develop testing protocols for participants in consultations with public health authorities.</li> <li>• Club to liaise with public health authorities and facilitate the sharing of information about all symptomatic participants at an activity run by our club, subject to privacy law.</li> <li>• Ensure to contact participants (referring to the attendance register) if an activity attendee subsequently becomes unwell and provide advice what actions should be taken.</li> </ul>	
<b>Club responsibilities</b>	<p>SA Barrel Horse Association will oversee:</p> <ul style="list-style-type: none"> <li>• Provision and conduct of hygiene protocols as per the Plan.</li> <li>• The capture of a record of attendance at all training and club activities and maintaining an up-to-date log of attendance.</li> <li>• Coordination of Level B field and training operations.</li> <li>• Operation of the club's facilities in support of all Level B training activities in accordance with this Plan.</li> </ul>	As per Level B.